

## *Thought for the Week*

### **Spiritual Freedom: true freedom.**

What does it mean to be free?

These days, it's freedom to do what I like now, and hang the rest of you, and the future consequences. As long as I can do what I want today, I'm free.

Yes, but is this true freedom?

Is this lasting freedom?

Will this freedom today result in freedom tomorrow, or bondage?

And what about freedom in the longer term?

What about freedom when we die?

The saying goes, 'Eternity is a long time.' In comparison, the time we have in this life, be it 80, 90, 100 years, is miniscule. Jesus is concerned for our lives now, but much more concerned for our lives in eternity. He wants us to be free forever, not just for a few years now.

This is why he calls authentic disciples to follow him, seeking above all the kingdom of God, not being primarily concerned with the here and now and myself, but for the common good now, and the consequences for our life now and into eternity.

"Heaven is a wonderful place  
Filled with glory and grace  
Now I'm gonna see my saviour's face  
'Cos heaven is a wonderful place."

## Intercessions

**In the name of Jesus we pray for healing for those who suffer in mind, body, or spirit, and for those who care for them**

Graham Tripp, Jo, Camilla Walton, Ivy Webb, Loretta, Betty Wilson, Don Knott, Nigel Brown, Jill Windle, Chris Holloway, Richard Talbot, Paul Hanscombe, Ann, Stan and Gill Gibbons, Keith, Jill, Tim Selwood; Isabelle, Alison, Michael, Jasmin, Jo; John Jacobs, Felicia and her family, Bill Spiller, Miles, Crawford, and Zara Toop.

**We remember those who have died recently, and pray for their families and friends especially**

Rae Bolton, her daughter Valerie, son in law James and their family, Donny Pink, Vera Stride, Juliette Spiller, Fr Jacques Hamel.

## The Week Ahead

<b>Mon 1</b>	<b>7.30 pm</b>	<b>Band Practice</b>	<b>St M</b>
<b>Tues 2</b>	<b>12 noon</b>	<b>Midday Prayers</b>	<b>AS</b>
	<b>12.30 pm</b>	<b>Meet the Vicar</b>	<b>AS</b>
<b>Weds 3</b>	<b>10.30 am</b>	<b>Holy Communion and coffee in Nondies</b>	
	<b>11.00 am</b>	<b>Bellringing</b>	<b>AS</b>
<b>Thurs 4</b>	<b>1.30 pm</b>	<b>Carer's Café</b>	<b>Lyndhurst Baptist Church Hall</b>
	<b>7.30 pm</b>	<b>Home Group in Church</b>	<b>AS</b>
	<b>7.30 pm</b>	<b>Bellringing</b>	<b>St M and AS</b>
<b>Fri 5</b>	<b>3.00 pm</b>	<b>The Kneeler Group</b>	<b>AS</b>

Next Sunday Trinity 11 7<sup>th</sup> August 2016

<b>9.30 am</b>	<b>Holy Communion</b>	<b>AS</b>
<b>10.30 am</b>	<b>YouChurch</b>	<b>CC</b>
<b>11.00 am</b>	<b>Holy Communion, Young Church and Coffee</b>	<b>St M</b>

**Genesis 15. 1-6**

**Hebrews 11. 1-3 8-16**

**Luke 12. 32-40**

**GNB OT 15**

**GNB NT 273**

**GNB NT 92**

## Sundays in August

**7<sup>th</sup> August** Trinity 11  
 9.30 am Holy Communion AS  
 10.30 am YouChurch CC  
 11.00 am Holy Communion, Young Church  
 and Coffee St M

**14<sup>th</sup> August** Trinity 12  
 8.00 am Holy Communion St M  
 9.30 am Holy Communion CC  
 10.30 am Coffee then Morning Worship and  
 Young Church St M  
 4.15 pm Discussion Group and Tea AS  
 6.00 pm Evensong with Holy  
 Communion AS

**21<sup>st</sup> August** Trinity 13  
 9.30 am Holy Communion AS  
 11.00 am Holy Communion, Young  
 Church and coffee St M  
 6.00 pm Sunday at Six CC

**28<sup>th</sup> August** Trinity 14  
 8.00 am Holy Communion St M  
 9.30 am Holy Communion CC  
 10.30 am Coffee then Altogether Worship  
 St M  
 10.30 am Hymn Praise AS

THE CHURCH OF ENGLAND IN  
 LYNDHURST & EMERY DOWN & MINSTEAD

Trusting Christ  
 Transforming Church Transforming Community

Trinity 10

Sunday July 31<sup>st</sup> 2016

Welcome to our gathering today!  
 We especially welcome Holy Spirit!!  
 If you wish to know more about the activities of  
 our churches, please talk to one of the welcomers,  
 call the Benefice Office (8028 2154 / 3175) email  
 us [benefice@newforestparishes.com](mailto:benefice@newforestparishes.com)  
 or look us up on Facebook, or the website  
[www.newforestparishes.com](http://www.newforestparishes.com).

## Today's Gatherings

**10.30 am** Morning Worship CC  
**10.30 am** Coffee and Café Church St M  
**10.30 am** Special service for Mission to  
 Seafarers AS

## Today's Collect

Let your merciful ears, O Lord, □  
 be open to the prayers  
 of your humble servants; □  
 and that they may obtain their petitions □  
 make them to ask such things  
 as shall please you; □  
 through Jesus Christ your Son our Lord, □  
 who is alive and reigns with you, □  
 in the unity of the Holy Spirit, □  
 one God, now and for ever. Amen.

## Today's Readings

**Psalm 119. 41-48** GNB OT 598  
*Because God loves us so much, it's living in  
 the flow of His created order that gives us true  
 freedom*

**Romans 8. 18-28** GNB NT 188  
*We may groan as we wait, but one day, we  
 will set completely free if we wait on God  
 now.*

**John 8. 31-36** GNB NT 124  
*If we follow Jesus' teaching, we are followers  
 of Jesus, and will be truly free*



You are invited to a cream tea in the garden at the  
 Vicarage, 5 Forest Gardens, Lyndhurst

On Thursday 28<sup>th</sup>, Friday 29<sup>th</sup>, Saturday 30<sup>th</sup> and  
 Sunday 31<sup>st</sup> July 2016  
 3pm - 5pm

Come along and enjoy a cup of tea with  
 homemade scones and cakes.

Raffle

Donations towards Elia's fundraising for her  
 Camps International trip to Kenya

RSVP Elia 07701 067664  
 Or Valerie 07963 055520