**A SPECIAL COMMUNITY MESSAGE FROM MINSTEAD PARISH COUNCIL
Please print this message and pass it to any of your neighbours who you know do not receive emails.

The challenges presented by Coronavirus and of having to self-isolate are having a major effect on all our daily lives.
We have had significant response to our request to sign up on our community resilience register to assist those who need help in the Parish but if there are any more volunteers we would be very grateful to hear from you.
We can all expect to be in this together, probably for a long haul but much can be done by our Community to help the more vulnerable.
In addition we need help to identify all those in Minstead who themselves may be in need of help.
If you know of anyone who is in the vulnerable category (e.g. over 70s, pregnant women, adults eligible for a 'flu jab, not mobile, without internet access etc) and who may need help with any of the list below please let us know.
We are aware of a number but there may be others and we would not like to overlook anyone.
Esme Briggs has volunteered to co-ordinate your responses and therefore we ask you to send your answers to her at**esm.briggs@ymail.com**, or tel 07791642032.**The specific areas for which we request Community volunteer support are as follows:

1. A telephone contact for a small number of individuals would could be responsible for contacting the Parish Council if you are unable to assist an individual in your group;

2. A regular telephone contact for an identified individual living on their own or who are a vulnerable couple. If you are already doing that it would be helpful for us to know the details.  If there is anyone that you are not clear about whether they need help please let Esme know as we can post cards through their doors to say help is available if they need it.  Please check with the individual that they are happy to be identified to us;

3. Pick up prescriptions;

4. Pick up shopping;

5. Help with household emergencies for those are unable to manage the situations or unable to get professional help immediately e.g. blocked drains etc;

6. Set up home shopping and place orders for home delivery for those who are not confident or don't have online facilities to do it;

If your normal support network is not able to support you at this time for any reason, please contact Esme either by email  or telephone 07791642032

We are aware of some local services that people may find helpful and we will try to keep you informed about these both by email or on the [Parish Council Facebook page](https://www.facebook.com/MinsteadPC/)[.](https://www.facebook.com/MinsteadPC/)