

9<sup>th</sup> November 2020

Dear resident

In this email

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We are sending emails like this one to residents of the New Forest with information about our services, and updates as we respond to Coronavirus (COVID-19).

You can unsubscribe at any time – see the end of this email.

## **Armistice Day 11 November**

Our Chairman, Cllr Allan Glass, laid a wreath at our main offices in Lyndhurst last week to commemorate Armistice Day.

When it is added on Wednesday 11 November, you can watch the video

at <a href="https://www.youtube.com/channel/UCY5ng2qulNNQPcqQeQ4uf4g">https://www.youtube.com/channel/UCY5ng2qulNNQPcqQeQ4uf4g</a> We will also be sharing the link on our Facebook and Twitter.

Hampshire County Council are also commemorating virtually with a remembrance video for 2020. Read

more: https://www.hants.gov.uk/News/4Nov2020Remembrance

# National restrictions – and checklist for vulnerable residents

National restrictions now apply in England.

- you cannot meet socially with anyone indoors unless they're in your support bubble
- there are changes to how many people you can meet outside
- you must not travel in the UK or overseas, unless for a specific reason, like education, work or a caring responsibility

Everyone must follow the national government guidance which includes

- · staying at home as much as possible
- · maintaining social distancing
- wearing face coverings in certain situations
- and hand washing frequently

https://www.gov.uk/guidance/new-national-restrictions-from-5-november

## Clinically extremely vulnerable

If you are classed as 'clinically extremely vulnerable' by the NHS, you should have received a letter from the government last week which sets out updated guidance for staying safe.

Plus, clinically extremely vulnerable individuals should:

- stay at home as much as possible and try to stay 2 metres away from other people including within the same household or support bubble
- ask family and friends to collect shopping or order online
- avoid all non-essential journeys by private or public transport
- work from home, but if this is not possible, seek further advice from their employer
- continue to take regular exercise outdoors, taking care to stay safe
- continue to access any care, medical services and essential or urgent care when needed
- take steps to look after mental health and seek help from a health professional if needed

You can get support to enable you to stay at home as much as possible. Register online via <a href="https://www.gov.uk/coronavirus-shielding-support">https://www.gov.uk/coronavirus-shielding-support</a> as detailed in the letter from government. You'll be asked for your NHS number. You can find it on any letter from the NHS, or on a prescription.

Request a call from Hampshire County Council via an online request form <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=tdiBPwfuF0yGnB20OQGNm9oP2pG2l8lNs\_1q51GOp2pUNEhZMFZUR1M3QlVDQUFOSUlyTkdVMVkzUy4u">https://forms.office.com/Pages/ResponsePage.aspx?id=tdiBPwfuF0yGnB20OQGNm9oP2pG2l8lNs\_1q51GOp2pUNEhZMFZUR1M3QlVDQUFOSUlyTkdVMVkzUy4u</a>

Anyone unable to register online, will receive either a text message, email or letter from the County Council and be asked to confirm their support needs. Look out for an automated call from this number 01962 418111.

Call the Hampshire Coronavirus Support and Helpline on 0333 370 4000 (calls charged at local rate.) 9am to 5pm weekdays, and 9am to 5pm on Saturday 7, Sunday 8, Saturday 14 and Sunday 15 November.

There's more local advice from Hampshire County Council at <a href="https://www.hants.gov.uk/News/20200611vulnerable">https://www.hants.gov.uk/News/20200611vulnerable</a>

#### Government guidance is

at: <a href="https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19">https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19</a>

## Plan ahead when visiting the New Forest

Most of the Forestry England car parks in the New Forest will remain open during the current national restrictions for you to spend time in or exercise outdoors locally.

Forestry England toilets are open at Bolderwood, Blackwater and Wilverley. Plan your visit and consider the facilities available before you travel. There is more information on the Forestry Commission website at <a href="https://www.forestryengland.uk/new-forest">https://www.forestryengland.uk/new-forest</a>

- only use official car parks and follow social distancing to avoid overcrowding in Forest car parks
- do not block gates or park on verges
- stay at home if you are displaying coronavirus symptoms or are self-isolating

Please respect and protect the New Forest and follow the New Forest Code, see https://www.newforestnpa.gov.uk/news/new-forest-code

## Visiting care homes during coronavirus

The government has updated the guidance on how care homes can allow families and visitors to visit residents while national restrictions are in place.

https://www.gov.uk/government/publications/visiting-care-homesduring-coronavirus

## #CouncilsCan day 10 November 2020

Tomorrow (10 November 2020) across the country, local authorities, staff and councillors will be coming together to share the work they have been doing during the Covid-19 pandemic by using the hashtag #CouncilsCan across social media.

Please look out for our messages on our Facebook and Twitter accounts throughout the day. They'll highlight some of the local services we have been continuing to provide to help keep our communities running under challenging circumstances.

- Facebook:
   @newforestgov <a href="https://www.facebook.com/newforestgov">https://www.facebook.com/newforestgov</a>
- Twitter: @newforestdc <a href="https://twitter.com/newforestdc">https://twitter.com/newforestdc</a>

And if you have an example of how your local authorities have helped or impressed you, please show your appreciation to our staff by sharing your experience on your own accounts with the hashtag #CouncilsCan.

Missed an email? Read previous residents emails at: <a href="https://newforest.gov.uk/article/1610/Residents-email-archive">https://newforest.gov.uk/article/1610/Residents-email-archive</a>

Latest information from

NFDC: <a href="https://www.newforest.gov.uk/coronavirus">https://www.newforest.gov.uk/coronavirus</a>
Information on coronavirus from Hampshire County

Council: <a href="https://www.hants.gov.uk/coronavirus">https://www.hants.gov.uk/coronavirus</a>

Latest information from central

government: <a href="https://www.gov.uk/coronavirus">https://www.gov.uk/coronavirus</a>

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